

FBISD Wellness Handbook

High School

Other School-Based Activities Guidelines

- The campus administrator will annually invite parents, staff, administrators, students, school nurses, child nutrition employees, and community members to be members of the wellness committee.
 - Other School-Based Activities Goal 1, Objective 1
- The principal will complete and submit the required Wellness Plan Surveys.
 - Other School-Based Activities Goal 1, Objective 3
- All campuses will build their master schedules to allow at least ten minutes to eat breakfast and twenty minutes to eat lunch from the time a student has received his or her meal and is seated.
 - Other School-Based Activities Goal 2, Objective 1
- Each campus will provide a clean, safe and comfortable dining environment that are safe and in good working condition.
 - Other School-Based Activities Goal 2, Objective 2
- Campuses will provide a social and enjoyable experience for all students during mealtime.
 - Other School-Based Activities Goal 2, Objective 3
- Campuses shall provide multiple opportunities throughout the school year where students and families can receive health and wellness information.
 - Other School-Based Activities Goal 3, Objective 2
- Campuses shall promote and encourage staff to engage in the wellness offerings provided by the District.
 - Other School-Based Activities Goal 3, Objective 3
- All classroom or campus celebrations will be encouraged to include at least one healthy choice item.
 - Other School-Based Activities Goal 3, Objective 5
- The campus will provide bullying prevention and intervention strategies to students, staff, and parents.
 - Other School-Based Activities Goal 5, Objective 3
- The campus will provide and promote student, staff, parents and community wellness events.
 - Other School-Based Activities Goal 5, Objective 8